# Here's How You Can Help

- Donate funds For every dollar you donate, FISH can distribute seven dollars worth of food. You can even donate online at www. fishfoodbanks.org.
- Donate food Plan a food drive in your school, workplace, neighborhood, church or organization. We can provide you with materials or ideas. We'll even arrange to pick up the food, or you can take your donation to the nearest food bank.
- Donate non-food essentials We can always use items like toothpaste, toothbrushes, soap, shampoo, toilet paper, feminine hygiene products, diapers, laundry detergent, combs and hair brushes.
- Volunteer Our food banks are run mainly by volunteers, and we always need more help. Consider volunteering as a group with family, friends or co-workers. Need community service hours for school? Volunteer with us!
- Plant a row Got a green thumb? Plant an extra row in your garden and donate the produce to the nearest FISH Food Bank.



FISH Mobile Food Bank at NE Tacoma Elementary School

# **Administrative Office:**

# FISH FOOD BANKS OF PIERCE COUNTY

621 Tacoma Ave. S, Suite 202 Tacoma, WA 98402 253-383-3164 Fax: 253-383-0964

info@fishfoodbanks.org

Visit our website at:

# www.fishfoodbanks.org





Follow us on Twitter as **@fishfoodbanks** 



\*\*I hear so many people say, 'I have never been in this position before' . . . they need someone to give them a spark of hope. \*\*I - Connection Center Outreach Specialist\*

Printing courtesy of





# **FOOD BANKS** of Pierce County



Providing food and more to people in need

# Our Mission: Providing food for people in need with compassion, dignity and respect

# Who We Are

Incorporated in 1982, FISH Food Banks of Pierce County is an ecumenical organization of volunteers providing food and emergency service referrals to people in need.



I was afraid to work at the food bank but then I fell in love with the clients from the first day.!!

# **What We Do**

With the help of more than 650 volunteers, our seven food bank locations and our mobile food bank serve nearly 40,000 individuals each month. We aim to provide each client with enough food to make three nutritious meals a day for three days.

We are committed to making the most efficient and effective use of the food and funds donated to us. At FISH, 97% of every dollar donated goes to food distribution; less than 3% goes for administrative costs.

Although most of the food FISH distributes is donated, we purchase some food in bulk to make sure we have enough and that the food we provide is nutritionally balanced. For every dollar we receive, we are able to distribute \$7.00 worth of food.

# **How We Operate**

Our FISH Food Banks operate on a self-serve model, allowing clients to select the foods that best meet their family's needs. Clients are asked to limit their visits to once every seven days, but no one needing assistance is turned away.

A Needing to use a food bank never gets easier for me. ... you—all of you—never fail to be cheerful, helpful and welcoming. I — FISH client



# **FISH Mobile Food Bank**

Our Mobile Food Bank allows us to reach areas of Pierce County where there is high need and no food bank access. Each week the mobile unit travels to a succession of remote sites throughout the county. The current schedule can be found on our website.

## **Connection Centers**

Because so many of our clients need more than food, we have opened Connection Centers in our largest sites. Through a partnership with South Sound Outreach Services, an outreach specialist is available onsite during food bank hours to offer a single point of access for dozens of community resources.

# Need help?

All of our FISH Food Banks operate on a walkin basis. As a new client, you will be asked to show an ID with your name, date of birth and current address. We will also ask for the names and birthdates of everyone in your household. Ouestions? Call our main office at 253-383-3164.

#### Where We Are

### **Edgewood Community\***

Mountain View Lutheran Church 3505 122<sup>nd</sup> Ave East, Edgewood 98372

**Hours:** Thu 3:30–6:30 pm Sat 11:00 am–2:00 pm

#### **Graham/South Hill\***

Holy Disciples Catholic Church 10425 187<sup>th</sup> St East, Puyallup 98374

**Hours:** Mon/Fri: 10:00 am–1:30 pm; Wed: 2:00–6:00 pm

#### **Jackson Street**

St. Andrew's Episcopal Church 7410 South 12<sup>th</sup>, Tacoma 98465

Hours: Last Wed of month 5:00–7:00 pm

#### **Key Peninsula FISH**

Key Peninsula Lutheran Church 4213 Lackey Road KPN, Lakebay 98349 **Hours:** Tue/Thu/Sat: 2:00–3:00 pm

#### Lakes Area\*

United Methodist Church at Lakewood 6900 Steilacoom Blvd. SW, Lakewood 98499

**Hours:** Mon: 2:00–6:00 pm Wed/Fri: 1:00–5:00 pm

#### **Northwest Tacoma**

Mason United Methodist Church 2710 North Madison, Tacoma 98407

**Hours:** Wed 12:00–4:00 pm Sat 11:30–3:00 pm

#### Southeast Tacoma\*

Lutheran Church of Christ the King 1704 East 85<sup>th</sup>, Tacoma 98445

**Hours:** Mon/Fri 11:00 am–4:00 pm Wed 11:00 am–6:00 pm

#### **FISH Mobile Food Bank**

For current schedule, see www.fishfoodbanks.org or call 253-383-3164.

\*Connection Center site