

Healing Arts Studio

What was once the attic of our century-old house has been transformed into a Healing Arts Studio that offers a bright, airy space for individual and small group work.



The studio includes open space perfect for small group yoga or movement sessions. A private room is equipped with a treatment table for healing touch, reiki or massage.

Fee-based wellness options and workshops can be scheduled in the Healing Arts Studio as part of your group experience.



Private Retreats

Looking for a quiet day to yourself? The Healing Arts Studio also provides a unique space for individual women to get away for a day or afternoon of quiet, for meditation, reflective reading or journaling.

About Catherine Place

Our Mission

Catherine Place seeks to improve the quality of life for women. By creating a gentle and sacred space, we encourage each woman to claim her dignity and worth, we welcome and honor her, and we provide opportunities for learning and spiritual growth.

Our work focuses on:

- Empowerment, support and advocacy for women.
- Building safe and healthy relationships.
- Opportunities for learning and spiritual growth.
- Leadership and community building.

"The beauty in this place is everywhere! In the garden, all the houseplants, the textiles, the fragrances ... I have felt welcome and inspired for our meeting!"

—Maria, retreat participant

Catherine Place is a 501(c)3 non-profit organization founded by the Tacoma Dominican Community in 2000.



An Oasis for Women

Catherine Place

923 South 8th Street
Tacoma, WA 98405
253-572-3547

cplace@catherineplace.org

www.catherineplace.org

Planning a meeting or special gathering?



**You're always
welcome at**

Catherine PLACE

Get away in the heart of Tacoma

We have a place for you

Catherine Place provides the perfect venue for your next seminar, board retreat, staff meeting, planning day or special event.

Catherine Place offers:

- A quiet, peaceful oasis in the heart of Tacoma, just minutes from I-5 and easily accessible by public transportation
- Choice of unique meeting rooms and flexible spaces for up to 20 people
- Kitchen for food storage and light preparation (catering referrals available)
- Studio space for the healing arts and creative arts
- On-site wellness options and workshops
- Video monitor, DVD player and Wi-Fi access available

Contact us for guidelines, fees and scheduling information.

Catherine Place staff members and partners are also available to offer programs, workshops and retreats at YOUR site. We can work with you to design and present a program specific to your needs.

Questions?

We'll be happy to give you a tour and work with you to make your event successful.

- Visit us at www.catherineplace.org
- Email us at cplace@catherineplace.org
- Call us at 253-572-3547

"Like" us on Facebook at www.facebook.com/catherineplacetacoma

